



ST. MARY'S
ACADEMY TRUST

SMAT Winter Menu November 2024 – March 2025

04/11/24, 18/11/24, 02/12/24, 16/12/24, 13/01/25, 27/01/25, 10/02/25, 03/03/25, 17/03/24, 31/03/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Southern Style Chicken Goujons	Sausage Roll	Roast of the Day	Oven Baked Pork Sausage	Fish Fingers or Salmon Fishcake
Vegetarian Option	Quorn Nuggets	Southern Style Burger	Quorn Fillet	Quorn Sausage	Pasta with a Homemade Tomato Sauce
Side Dish	Potato Waffles	Potato Wedges	Mashed Potato	Mashed Potato	Chips
Accompaniments	Veg of the Day Tomato Sauce	Veg of the Day	Veg of the Day Gravy	Veg of the Day Gravy	Veg of the Day Tomato Sauce
Salad Bar and Bread Selection	Bread Slice, Fresh Salad and Coleslaw	Bread Slice, Fresh Salad and Coleslaw	Bread Slice, Fresh Salad and Coleslaw	Bread Slice, Fresh Salad and Coleslaw	Bread Slice, Fresh Salad and Coleslaw
Dessert	Homemade Cookie	Sponge of the Day and Custard	Chocolate Drizzle Cake	Rice Pudding with a Fruit Compote	Raspberry Ripple Ice Cream with Fruit
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.



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11/11/24, 25/11/24, 09/12/24, 06/01/25, 20/01/25, 03/02/25, 24/02/25, 10/03/25, 24/03/24

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Margherita (Cheese) Pizza Slice	Italian Chicken	Oven Baked Pork Sausage	Roast of the Day	Fish Stars or Salmon Fishcake
Vegetarian Option	Vegetarian Meatballs in Tomato Sauce	Veggie Pasta Bolognese	Quorn Sausage	Quorn Fillet	Veggie Fingers
Side Dish	Potato Wedges / Rice	Pasta	Mashed Potato	Mashed Potato	Chips
Accompaniments	Veg of the Day	Veg of the Day Tomato Sauce	Veg of the Day Gravy	Veg of the Day Gravy	Veg of the Day Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Fresh Salad and Coleslaw	Bread Slice Fresh Salad and Coleslaw	Bread Slice Fresh Salad and Coleslaw	Bread Slice Fresh Salad and Coleslaw	Bread Slice Fresh Salad and Coleslaw
Dessert	Melting Moments	Sponge of the Day and Custard	Homemade Cookie	Sponge of the Day and Custard	Arctic Roll or Fruit in Jelly Pot
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yogurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Jelly	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato With a Choice of Hot Or Cold Fillings	Jacket Potato With a Choice of Hot Or Cold Fillings	Jacket Potato With a Choice of Hot Or Cold Fillings	Jacket Potato With a Choice of Hot Or Cold Fillings	Jacket Potato With a Choice of Hot Or Cold Fillings

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