

Useful links for parents/carers:

Internet & Gaming

www.thinkuknow.co.uk

www.saferinternet.org.uk

www.parentzone.org.uk

Grief & Bereavement

www.winstonswish.org.uk

www.sueryder.org/griefsupport/online-bereavement-support

www.thegoodgrieftrust.org

www.cruise.org.uk

Mental Health

www.youngminds.org.uk

www.acamh.org

www.mind.org.uk

www.place2be.org.uk

www.nhs.uk/mentalhealth/takingtherapies

www.mentalhealth.org.uk

Wellbeing

www.livewellbarnsley.co.uk

