



Newsletter 11th June 2021

Welcome back to all our families after the half term. It feels like everyone has come back refreshed from the break and the beautiful weather has certainly helped. The children have had a very successful first week back and have got straight back into their learning.

As the warm weather is forecast to continue, can we remind all our families of the warm weather rules for our school;

Please bring a water bottle to school and this will be refilled during the day

Please bring a sun hat if possible

Apply sun cream before the start of the day. If this needs reapplying this needs to be done by the child and so must be brought to come to school in a labelled bottle. Sun cream cannot be applied by staff or shared between pupils.

Beat the Street

The fun of Beat the Street is starting this week and the children will have been issued with the fobs.

Why not try Beat the Street? It's a fun, free game that gets the whole community moving, and has come back to Barnsley for 6 weeks on the 10th June. Contactless sensors called Beat Boxes will be placed around Barnsley. Players can walk, run, cycle, scoot and roll between Beat Boxes, collecting points for themselves and their team.

What are the benefits of taking part?

Health and wellbeing The British Heart Foundation estimates that physical inactivity is the 6th leading cause of premature death in the UK. Increasing your physical activity levels, not only helps improve your physical health, but can have huge benefits on mental health, concentration, focus and productivity. Boosting your fitness also helps your immune system fight off viruses, including COVID-19.

Beat the Street is an excellent opportunity for our community to do something together, whilst being apart. We will set you up as a team and can compete against other workplaces across Barnsley. Work together to earn as many points as you can and the team with the best average points total at the end of the six weeks will win a donation of £500 for their nominated charity. Check out where you are on the individual leader board and see who in your organisation goes the furthest over the 6 weeks.

Players receive a card or fob which they hover next to the contactless Beat Boxes as they walk, run, cycle, scoot or roll around the area, earning points for themselves and their team. Players can view their progress online at www.beatthestreet.me/barnsley
The website also contains the latest COVID-19 safety guidance.

Provisional sports day

Our provisional sports day events will be held on **Tuesday 6th July and Wednesday 7th July** from **1.30pm-3.30pm**.

Tuesday 6th July will be for **Nursery, Reception, Year 1 and Year 2** and more information will follow.

Wednesday 7th July will be for **Years 3,4,5 and 6**. More information will follow.

Parents and carers will be welcomed to this event and strict guidelines to keep us all safe will be issued. Please provisionally put this date in your diary.

Healthy Lunchboxes



Healthy lunches and snacks are important for active children. It is important to offer healthy lunch box choices. A balanced lunch box should include fresh fruit, crunchy vegetables and a combination of protein, dairy and carbohydrate foods. (Some examples are shown in the pictures above).

Eating Healthy food helps children concentrate and learn. However, healthy eating changes are not always easy to make. Try to set a good example to your child/ren with your own choice of lunch box foods. Try to encourage your children to help choose and prepare their own lunch as this might inspire them to take a pride in what they have made/done. They might like to make a list of foods they enjoy that you can use in the pack up. Always praise your child when they choose healthy foods for their lunch box.

You might like to try to vary your child's lunch box by including:

Fruit – either fresh or tinned.

Vegetables – veg sticks with a dip or try mixed veg like carrot sticks and cherry tomatoes, cucumber, etc.

Yoghurt/custard

Dips, cheese & crackers. Try to avoid sweet dips due to the amount of sugar.

Different breads to add interest, such as a flat bread or wrap.

Vary the fillings – egg, cheese, sliced cold meats, spreads, etc. Some sandwiches can be prepared the night before then taken for each day's lunch box.

Try your best to avoid:

Crisps, sweets, chocolate bars, sweet cakes and biscuits.

Reports

All the staff are currently writing a summary end of year report. This is a similar version to last year due to the pandemic and outlines what they children have enjoyed in their time in school, what qualities they have shown and what their next steps in learning are. These will be sent home in July and then follow up phone calls can be requested if parents need them to discuss anything with the class teachers.

All our pupils will also receive a good transition to their new classes and staff during the last week of term. Staff will also be handing over all the information around each pupil to ensure that in September they are fully settled in their new classes.

Staffing structures will be shared by Mrs Chambers in the next few weeks.

Yours sincerely

Mrs T Gulliver,
Headteacher.